## PRE-PREP



## BROMSGROVE OUTSTANDING EDUCATION FROM 2 TO 18. CO-EDUCATIONAL, BOARDING AND DAY.

## FLAIR DISCIPLINE ACADEMIC RIGOUR

Week 1 - Lunch	Monday	Tuesday	Wednesday	Thursday	Friday
Crudities	Carrot, Cucumber, Pepper	Carrot, Cucumber, Pepper	Carrot, Cucumber, Pepper	Carrot, Cucumber, Pepper	Carrot, Cucumber, Pepper
Main Course 1	Locally Sourced Butchers Premium Juicy Pork Sausages	Baked Jacket Potato served with a Mild Mexican Beef and Lentil Chilli	Deconstructed Red Tractor Creamy Chicken and Tomato Pasta	Roast Gloucestershire Pork Loin and Seasoned Stuffing	Red Tractor Chicken Breast with Plum Tomato and Hidden Vegetable Sauce
Main Course 2	Quorn Sausages	Baked Jacket Potato served with Baked Beans and Cheddar Shards	Authentic Vegetable and Quorn Chow Mein	Italian Garlic Bruschetta glazed with Tomatoes and Mozzarella	Deconstructed Traditional Mac 'n' Cheese
On the Side	Mash Potato, Seasonal Cabbage, Garden Peas and Rich Gravy	Carrot, Cucumber Sticks and Cherry Tomatoes	Skin on Potato Wedges, Fresh Green Beans and Sliced Carrots	Roasted Crispy Potatoes, Broccoli Trees and Sweetcorn	Chips, Peas, Fresh Salad
Dessert	British Apple Crumble and Custard		Jammy Flapjack Slice		Mixed Fruit Jam Sponge and Custard
Dessert	Natural Yoghurt and Fresh Fruit	Natural Yoghurt, Fruit Jelly, Fresh Fruit Selection	Natural Yoghurt and Fresh Fruit	Natural Yoghurt and Fresh Fruit	Natural Yoghurt and Fresh Fruit